Peakpower Fitness

What? There's a new class in town — PeakPower Fitness—the class where every rep, sprint, and lift is designed to help you crush your goals while having a blast!

We're all about fun, energy, and progress.

Whether you're a newbie or a fitness pro, our workouts blend functional strength, endurance, and high-powered moves that keep you engaged and challenged.

Expect awesome music, great vibes, and to be a growing community.

Come for the sweat, stay for the fun, and leave feeling like a stronger version of yourself.

When? Every Friday at 7 pm in the main hall of Snodland Community Centre. Starting from 22nd November 2024.

Cost? £7 per session with introductory offer of £5 per session for the first month.

Contact: Call/text Billy Hanley on **07950262019**
or email:*billy.hanley@live.co.uk*
or find us on Facebook: PeakPower Fitness

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