

ECA Tots



Parent & Toddler Cheerleading Sessions

What? these sessions are carefully designed by qualified coaches to teach young children (aged 2 to 4) the foundations of cheerleading. They will participate in exciting activities, such as tumbling, stunting, dancing and jumping, as well as of course lots of fun games.

It is also a great opportunity to learn key life skills, such as communication, listening, team work and kindness.

Each child will be receive their very own magic star reward card, which is used to track the athlete's progress as we work our way through the levels together.

When? weekly on Thursdays from 10.15 to 11am in the main hall of the community centre.

Cost? £5 a session.

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