

KEY:
Main Hall
Paddlesworth Room
Downsview Lounge

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Morning		Robin Breakfast Club (7-9am) Saracens Gym 9-11 am (gym) Music Mayhem 10-11am	Robin Breakfast Club (7-9am) Craft & Chat 10-noon	Robin Breakfast Club (7-9am) Saracens Gym 9-11 am (gym) Buggy Boot Camp 10-11am (main hall/ field) Fitsteps 11-noon	Robin Breakfast Club (7-9am) Hop, Skip & Jump (9-45-11.15am) Hi Kent Lipreading 10-11.30 pm	Robin Breakfast Club (7-9am) Saracens Gym 9-11 am (gym) Funky Feet with Fern 10-10.45 am	
Afternoon	Shortmat Bowls 1.45-4.15 pm Oct to end of April	Robin After School Club (2.45-6.30 pm)	TMBC Counterweight programme 5-7 pm Robin After School Club (2.45-6.30 pm)	Shortmat Bowls 1.45-4.15 pm Robin After School Club (2.45-6.30 pm)	Shortmat Bowls 1.45-4.15 pm Falls Club 1-2.45 pm Robin After School Club (2.45-6.30 pm)	STARA 1-3 pm 4th Friday in month Silhouette Dance Club 3.45- 8 pm Robin After School Club (2.45-6.30 pm)	Hospitality for STFC 2-6.30pm during season for First Team.
Evening	Lazy C Country club 7.30-10.30pm every fortnight	Saracens Gym 5.30-8.30 pm (gym) Zumba 6.30-7.20 pm Yoga 7 - 8.15 pm Monday Badminton 8.30-10.30pm	National Assoc of Women's Clubs 7.30-9.30 pm Boxing 7.00-9.00 pm (boxing club) Piloxing 8.00-9.00 pm	Saracens Gym 5.30-8.30 pm (gym) & Boxing 7.00-9.00 pm (boxing club) Clubbercise (6.30 - 7.15) Wednesday Badminton 7.30-9.30pm	Gospel Choir 7.00-8.00 pm Piloxing Knockout (7-8pm)	Saracens Gym 5.30-8.30 pm (gym) Friday Badminton 8.30-10.30pm	